

# JUNE 2021

# Worcester Central School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**No School**

1

French Toast Sticks  
**Bag Lunch**  
Ham /Cheese  
w/w Roll  
Apple  
Milk

2

Blueberry Muffin  
**Hamburger or Cheeseburger**  
W/W Bun  
Peas & Carrots  
Turkey Sandwich

3

Sausage Cheese Muffin  
**Cheese or Pepperoni Pizza**  
Italian Blend Vegetables  
Apple Sauce  
Peanut Butter & Jelly

4

Pancakes/Sausage  
**Grilled Cheese**  
Tomato Soup  
Broccoli  
Tuna Salad Sandwich

7

Bagels/Cream Cheese  
**Spaghetti with Meat Sauce**  
Whole Grain Bread  
Green Beans  
Egg Salad Sandwich

8

French Toast Sticks  
**Bag Lunch**  
Turkey /Cheese  
w/w Roll  
Apple  
Milk

9

Blueberry Muffin  
**Ham and Cheese Bagel**  
Tater Tots  
Corn  
Ham Sandwich

10

Sausage Cheese Muffin  
**Cheese or Pepperoni Pizza**  
Italian Blend Vegetables  
Apple Sauce  
Peanut Butter & Jelly

11

Pancakes/Sausage  
**Chicken Nuggets**  
Mashed Potatoes  
Gravy  
Corn  
Tuna Salad Sandwich

14

Bagels/Cream Cheese  
**Hot Meatball Sub**  
W/W Bun  
Carrots  
Egg Salad Sandwich

15

French Toast Sticks  
**Bag Lunch**  
Ham /Cheese  
w/w Roll  
Apple  
Milk

16

Blueberry Muffin  
**Hot Dog**  
W/W Bun  
Peas and Carrots  
Turkey Sandwich

17

**No School**

18

Pancakes/Sausage  
**Hamburger or Cheeseburger**  
W/W Bun  
French Fries  
Corn  
Tuna Salad Sandwich

21

Bagels/Cream Cheese  
**Spaghetti with Meat Sauce**  
Whole Grain Bread  
Green Beans  
Egg Salad Sandwich

22

French Toast Sticks  
**Bag Lunch**  
Turkey /Cheese  
w/w Roll  
Apple  
Milk

23

Blueberry Muffin  
**Cheese or Pepperoni Pizza**  
Italian Blend Vegetables  
Apple Sauce  
Peanut Butter & Jelly

24

Sausage Cheese Muffin  
**Chicken Patty**  
W/W Bun  
Garlic Noodles  
Green Beans  
Peanut Butter & Jelly

25

28

29

30

## DID YOU KNOW?

June 20 is the summer solstice, which heralds the start of summer in the Northern Hemisphere. It's the day with the most hours of daylight.

Lunch K-12 **Free**  
Breakfast k-12 **Free**

Available Every day for  
**Lunch**

Variety of milk  
Canned fruit  
Fresh fruit  
Hot vegetables  
Salads

*Menu subject to  
change without notice*

**Remember you can  
make on-line  
payments at**



## School Info

**Breakfast and Lunch  
Is free through June**

A full lunch must

Consist of 3-5

Components:

protein, grain and  
vegetable

**Available Everyday  
for breakfast;**

Asst cold cereals

Fresh fruit

Variety of milk



Every Day!